



## SiSu Dance Academy Dress Code Information

### Grooming

Grooming is an essential part of correct dance training. At SiSu Dance Academy, we are assisting our dancers by preparing them in class to portray themselves in a polished presentation on stage. Students who come to class with beautiful hair, correct dress, and a neat appearance excel in their dance work and begin to see themselves as a dancer. To this end, we have a dress code to prepare your dancer for the disciplined expectations of a professional dance environment.

### Female Dress Code

#### Ballet Slippers

Dancers are required to wear canvas or cloth, split-sole slippers that enhance their training, movement and appearance. Ballet slippers are the most important part of your dancer's equipment and can affect their ability to articulate foot movement.

#### Pointe Shoes - (Dancers are required to follow the SiSu Pointe Contract with rules and regulations)

Several styles of pointe shoes are acceptable and endorsed by SiSu Dance Academy. These approved brands assist dancers in executing their pointe work technique with greater precision, articulation, and are more aesthetically pleasing. Please make sure to have Pointe Shoes approved by the Director before sewing ribbons and elastics.

### Class Attire - Purchase at New Mexico Dance Wear (NMDW) \*\*\*

#### Primary Ballet

Lilac Leotard, pink convertible tights, pink ballet slippers. Hair pulled into a neat bun.

#### Sub Junior

Tropical Green, pink tights; pink ballet slippers. Hair neatly pulled back into a bun.

#### Junior

Black/Burgundy Leotard, pink tights, pink ballet slippers. Hair pulled back in a bun.

#### Senior

Black/Burgundy Leotard, pink tights, pink ballet slippers. Hair pulled back in a bun.

#### Advanced

Black/Burgundy Leotard, pink tights, pink ballet slippers. Hair pulled back in a bun.

#### Jazz/Contemporary/Tap

Any modest dance wear. Black or nude jazz shoes. Hair pulled back in a bun.

#### Acro

Any Color of Leotard with black leggings. Hair in French Braids.

#### Hip Hop

Any Modest dance wear. Hair in Braids.

#### Adult Dancers

Wear neat, conservative dancewear of your choice. If performing with class, you will need required performance dancewear as indicated above.

### Male Dancer Dress Code

#### Primary

Fitted white t-shirt, black shorts/pants(no pockets), black ballet slippers.

#### Sub Jr., Jr., Sr., Advanced

Fitted white t-shirt, black shorts/pants, black ballet slippers.

#### Tap

Fitted solid color athletic t-shirt, fitted black athletic nylon pants, black jazz or tap shoes.

#### Jazz/Contemporary

Comfortable clothes that body can be seen with movement.

#### Adult Dancers

White or black fitted athletic shirt, black compression shorts (2"aboveknee)/pants, fitted black shorts, black canvas shoes, and dance belt. Socks will be required.

### For All Dancers in Year-Long Classes

#### **ONLY dress code apparel and specified warmups**

No watches or jewelry are allowed except stud earrings

**No sports bras or other undergarments may be visible**

Hair must be secured off the face. (Bangs that are above the eyebrow are acceptable for class, but not for performances.)

Buns are required for all classes except Acro and Hip Hop

\*\*\* Mention SiSu Dance Academy as your studio & receive 20% off regularly priced merchandise your round!

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